

# MOOD METER

High Energy	Enraged	Terrified	Stressed	Shocked	Motivated	Energized	Jubilant	Euphoric
	Furious	Provoked	Angry	Restless	Lively	Thrilled	Overjoyed	Ecstatic
	Panicked	Fearful	Troubled	Nervous	Blissful	Hopeful	Elated	Stoked
	Anxious	Frustrated	Offended	Irritated	Composed	Inspired	Carefree	Happy
	Appalled	Uneasy	Bitter	Annoyed	Glad	Pleased	Upbeat	Giddy
	Cynical	Alienated	Lonely	Grim	Assured	Satisfied	Peaceful	Serene
	Grieved	Sullen	Insecure	Drained	Content	Balanced	Fulfilled	Loving
	Sorrowful	Miserable	Apathetic	Negative	Stable	Thoughtful	Secure	Placid
	Anguished	Defeated	Tired	Sad	Relaxed	Calm	Patient	Unfazed
	Low Energy	Hopeless	Depressed	Bored	Down	At Ease	Mellow	Gentle
Unpleasantness				Pleasantness				